


JANUARY 2010

Mon	Tue	Wed	Thu	Fri
				¹ CENTER WILL BE CLOSED FOR NEW YEAR'S DAY!
4 Body Recall-8:30 Body Recall- 9:30 Volleyball- 10:45 Lunch-12:00 Line Dancing -12:00 Bridge-12:30 Scrabble-1:00 Tai Chi- 2:00 Beginner Tai Chi-3:00	5 500 Miles-8:45 Library-8:00-4:00 Watercolor-9:30-11:30 Body Recall-10:45 Lunch- 12:00 Blood Pressure-12-2 Euchre- 12:30 Pinochle-1:00 Chess- 1:00 Bridge-6:30 PM	6 Body Recall- 8:30 Body Recall - 9:30 Choir- 10:45 Lunch- 12:00 Bingo- 1:00 Van- 8:00-4:00 Computers 8:00-4:00 Library- 8:00-4:00	7 500 Miles-9:00 Book Discuss-10:00 Body Recall- 10:45 Mah-Jongg-11:30 Lunch-12:00 Volleyball-1:30 Van-10:00-1:00	8 Body Recall-8:30 Computer Classes Body Recall - 9:30 Mah-Jongg-10:00 Body Recall- 10:45 Lunch- 12:00 Euchre- 12:30 Line dancing- 1:00 Library-8:00-4:00 Yoga-2:30-3:30
11 Body Recall-8:30 Body Recall- 9:30 Volleyball- 10:45 Lunch-12:00 Line Dancing-12:00 Bridge-12:30 Scrabble-1:00 Tai Chi- 2:00 Beginner Tai Chi-3:00	12 500 Miles-8:45 Computers-8:00-4:00 Watercolor-9:30-11:30 Body Recall- 10:45 Lunch- 12:00 Blood Pressure-12-2 Euchre- 12:30 Pinochle-1:00 Chess- 1:00 Bridge-6:30 PM	13 Body Recall- 8:30 Body Recall-9:30 Choir- 10:45 Lunch- 12:00 Bingo- 1:00 Van-8:00-4:00 Computers- 8:00-4:00 Library-8:00-4:00	14 500 Miles-9:00 Body Recall- 10:45 Mah-Jongg-11:30 Lunch-12:00 Volleyball-1:30 Library-8:00-4:00 Computers-8:00-4:00	15 Body Recall- 8:30 Body Recall- 9:30 Mah-Jongg-10:00 Body Recall- 10:45 Lunch- 12:00 Euchre- 12:30 Library-8:00-4:00 Yoga- 2:30-3:30
18 Body Recall-8:30 Body Recall- 9:30 Volleyball-10:45 Line Dancing-12:00 Lunch-12:00 Bridge-12:30 Scrabble-1:00 Tai Chi- 2:00 Beginner Tai Chi-3:00	19 500 Miles-8:45 Library-8:00-4:00 Watercolor-9:30-11:30 Body Recall- 10:45 Lunch- 12:00 Blood Pressure-12-2 Euchre- 12:30 Pinochle-1:00 Chess- 1:00 Bridge-6:30 PM	20 Body Recall- 8:30 Body Recall-9:30 Choir- 10:45 Lunch- 12:00 Bingo- 1:00 Van- 8:00-4:00 Computers 8:00-4:00 Library- 8:00-4:00	21 500 Miles-9:00 Body Recall- 10:45 Mah-Jongg-11:30 Lunch-12:00 Volleyball-1:30 Library-8:00-4:00 Computers-8:00-4:00	22 Body Recall- 8:30 Body Recall- 9:30 Mah-Jongg-10:00 Body Recall- 10:45 Lunch- 12:00 Euchre- 12:30 Library-8:00-4:00 Yoga- 2:30-3:30
25 Body Recall-8:30 Body Recall- 9:30 Volleyball-10:45 Line Dancing-12:00 Lunch-12:00 Bridge-12:30 Scrabble-1:00 Tai Chi- 2:00 Beginner Tai Chi-3:00	26 500 Miles-8:45 Library-8:00-4:00 Watercolor-9:30-11:30 Body Recall- 10:45 Lunch- 12:00 Blood Pressure-12-2 Euchre- 12:30 Pinochle-1:00 Chess- 1:00 Bridge-6:30 PM	27 Body Recall- 8:30 Body Recall-9:30 Choir- 10:45 Lunch- 12:00 Bingo- 1:00 Van- 8:00-4:00 Computers 8:00-4:00 Library- 8:00-4:00	28 500 Miles-9:00 Body Recall- 10:45 Mah-Jongg-11:30 Lunch-12:00 Volleyball-1:30 Library-8:00-4:00 Computers-8:00-4:00	29 Body Recall- 8:30 Body Recall- 9:30 Mah-Jongg-10:00 Body Recall- 10:45 Lunch- 12:00 Euchre- 12:30 Library-8:00-4:00 Yoga- 2:30-3:30